

# Solutions to stimulate consumers to more sustainable food habits

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Sustainable strategy



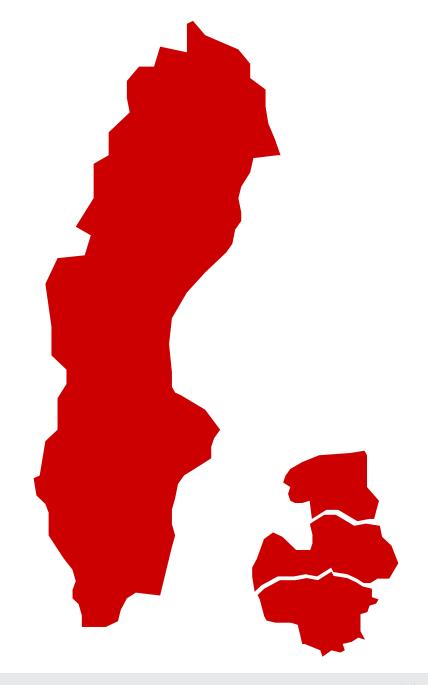




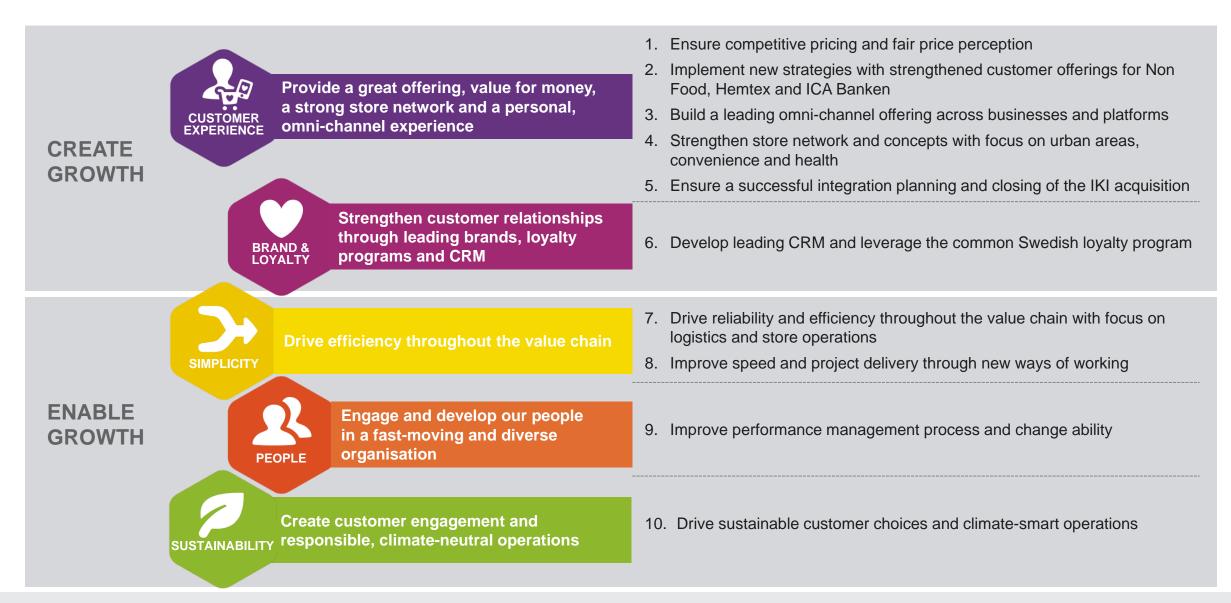


#### **Presenting ICA Gruppen**

- ICA Gruppen is a leading retail company with a focus on food and health
- 1,718 own and retailer-owned grocery stores in Sweden and the Baltic countries and 385 pharmacies in Sweden
- Core business is grocery retail
- Operations in Sweden and the Baltic countries.



#### **Strategic Priorities 2017**





# ICAs policy: we support the National Food Administrations dietary guidelines

- Dietary advice that take both environment and climate change into consideration as well as healthy nutrition
- Less meat and more vegetables
- Less food waste

#### Productlines:

ICA I love eco

**ICA Gott Liv** 

Vego







#### **MORE**

Vegetables, fruit and berries fish and shellfish nuts and seeds exercise



#### SWITCH TO

wholegrain healthy fats low-fat dairy products



#### **LESS**

red and processed meat salt sugar alcohol





## Inspiration – how to eat more climate friendly – recipies and communication both in advertising and on the website

Calculating GHG emission from every recipe and illustrating with leaves

No exact figures - 3 levels

#### Cooperation with Chalmers



→ Tre löv
De recept som är bäst ur klimatsynpunkt har tre löv.
Motsvarar ett utsläpp av CO2-e på max 0.7 kg per portiot



Två löv betyder att receptet år bättre ar klimatsyngumåt än genomanittsvenskens måltid. Motsvarar ett utsläpp av CO2 e på mer än 0,7 men max 1,4

★ Två löv



★ Ett löv

Ett löv innebär att beroende på hur du äter idag och i
övrigt kan detta recept vara ett steg i rätt riktning.

Motavarar ett utskipp av CO2-e på mer än 1.4 men max 2.4



Spagetti bolognese with lentils







### Participation in project that aims to lower consumers climate impact and create knowledge on how to communicate

One tonne Life and Climate right Leaflet to support customers

#### Messages:

- Cut down on meat portions
- Eat more veggies
- Lower food waste
- Choose more organic (eco), locally grown and in season









#### Why not strictly vegetarian?

- Grazing livestock helps us maintain biodiversity – less meat but a better meat!
- Manure is needed in a ecological farming cycle – helps farmers be more independent of fertilizers from industry
- Meat contributes with important nutrients





# Thanks